



Limits of Confidentiality

Contents of all therapy sessions are considered to be confidential. Both verbal information and written records about a client cannot be shared with another party without the written consent of a client with a client's legal guardian. Noted exceptions are as follows:

Duty to warn and protect

When a client discloses intentions or a plan to harm another person, the mental health professional is required to warn the intended victim and report this information to legal authorities. In cases in which the client discloses or implies a plan for suicide, the healthcare professional is required to notify legal authorities and make reasonable attempts to notify the family of the client.

Abusive Children and Vulnerable Adults

If a client states or suggest that he or she is abusing a child (or vulnerable adult), or has recently abused a child (or vulnerable adult), or a child is in danger of abuse, the mental health professional is required to report this information to the appropriate social service and/or legal authorities.

Prenatal Exposure to Controlled Substances

Mental health care professionals are required to report admitted prenatal exposure to controlled substances that are potentially harmful.

Minors/Guardianship

Parents or legal guardians of non-emancipated minor clients have the right to access the clients' records.

Insurance Providers

Insurance companies and other third-party payers are giving information that they request regarding services to clients. Information that may be requested includes, but is not limited to: types of service, dates/times of service, diagnosis, treatment plan, and description of impairments, progress of therapy, case notes and summaries.

I agree to the above limits of confidentiality and understand their meetings and ramifications.

Client signature (*Client's parent/ guardian if under 18*)

Today's date: ____ / ____ / _____